



2008 CAMPS

NIKE RUNNING



Cross Country • Track & Field • Coaches Workshops

- Boys and Girls
- Ages 12-18



2008 CAMPS

NIKE RUNNING



Runners who start young with positive, fun experiences often remain runners for life. Some become serious competitors; others simply enjoy the power, grace, strength, and freedom of the wonderful sport.

At NIKE Running Camps, our goal is to stimulate a love for running by showing them how to accelerate their own progress and success.

By teaming with NIKE, our title sponsor, and working with the country's best coaches, we are able to offer an unforgettable growth experience – no matter what your age or skill level.

US Sports Camps, licensed operator of the NIKE Sports Camps, has been in the business of offering sports camps for 33 years. Over those years, we have hosted over 500,000 happy campers. Our mission is to provide athletes with the tools to improve and to enjoy a sport for life.

Our Camp Directors are among the finest coaches in America. As such, they have a major stake in providing camps of the highest quality: camps that are fun, that improve the skills of the campers, and that provide the campers with the opportunity to make new, life-long friends.

We promise that you will leave any NIKE Running Camp with renewed energy and enthusiasm, and improved self-confidence — all keys to your growth as a runner, sprinter, vaulter, jumper, shot putter, or hurdler. You'll get mileage from this experience for years to come!

Please feel free to contact me at 1-800 NIKE CAMP to answer any other questions you may have.

Ashley Clinton
Marketing Director, US Sports Camps



Creating better athletes since 1975

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Why You'll Love NIKE Running Camps...

NIKE Running Camps help runners become better, faster, and smarter athletes. They provide an educational and inspirational experience for campers of all ages, skill levels, and abilities. Runners leave camp with increased running knowledge, new friends, and an enhanced love for the sport.

America's best coaches

NIKE Running Camps have attracted some of the country's most respected and accomplished college and private coaches. Many of our camp directors are world-class athletes themselves. They share your passion for running and have made a career of sharing their knowledge and experience with hundreds of athletes just like yourself. The camp directors and their carefully chosen staffs never lose sight of the fact that great runners, sprinters, vaulters, hurdlers, shot putters, and jumpers of any age or ability level are created one at a time. At NIKE Running Camps expect personal, individualized instruction, and expect RESULTS!

Make new friends

Who says getting better can't be fun too? At NIKE Running Camps, you'll meet other athletes who love to run just as much as you do. On or off the trail, the track, or the course, you'll share an experience that you will remember forever.

HIGHLIGHTS

- Cross Country Camps and Track & Field Camps
- Youth Camps and Coaches Workshops: all abilities & level of experience
- Training under the country's best college and private coaches
- College campus venues with excellent athletic/residential/dining facilities
- Individual and group instruction
- 1:10 Staff:Camper ratio
- Specific training programs for every skill level
- Education in the latest training techniques and sports science
- Post-camp goal setting and training tools

Get better

NIKE Running Camps completely immerse you in the sport, giving you the kind of focused, intensive training that is essential to improvement. No matter whether you choose an overnight camp or an extended day camp, you'll see your skills grow along with your self-confidence and your overall enjoyment of running.

Great Sites

NIKE Running Camps are located at some of the country's finest facilities. Our camp venues are primarily well-known college campuses. Exposure to a campus setting adds a stimulating, cultural dimension to a camper's experience, and provides a safe and secure camp environment. Most of our camp directors are head and assistant coaches at the college campuses.

CAMP SCHEDULE 2008

CROSS COUNTRY	PAGE#	SESSION DATES
Stanford University "Camp of Champions" - California	6	July 23 - 27
Sauk Valley Sports Resort Cross Country Camp - Michigan	7	July 13 - 17
Five-Star Cross Country Camp - New York	8	August 10 - 16
Roy Benson's Smoky Mountain Camp - North Carolina	9	Session I: July 6 - 11, Session II: July 13 - 18, Session III: July 20 - 25
Brush Mountain Cross Country Camp - Virginia	10	July 27 - 31
TRACK & FIELD	PAGE#	SESSION DATES
Stanford University "Camp of Champions" - California	11	July 18 - 22
University of Pennsylvania - Pennsylvania	12	July 6 - 10
Loomis Chaffee School Track & Field Camp - Connecticut	13	June 29 - July 3
COACHES WORKSHOPS	PAGE#	SESSION DATES
Roy Benson's Smoky Mountain Running Workshop - North Carolina	14	Session I: July 6 - 9, Session II: July 13 - 16, Session III: July 20 - 23
Stanford University "Camp of Champions" Cross Country and Track and Field - California	14	Stanford Cross Country contact: StanfordXCcamp08@gmail.com Stanford Track and Field contact: StanfordTrackCamp@gmail.com

Go The Distance With NIKE Running Shoes!

Register for Camp and Receive a Pair of NIKE Running Shoes!

Each registered 2008 camper will receive a pair of Nike Elite running shoes. Orders may be placed through the Running Warehouse after May 1st. Shoes will be shipped to your home after May 22nd.

Using your camp confirmation number (sent to you shortly after you register), order the shoes online at www.RunningWarehouse.com/nikecamps.

You'll pay only a \$6.95 shipping/handling charge. For shipping outside the continental U.S., additional charges will apply.

Offer expires 9/1/08.



Great Shoes, Great Training, Great Fun...all at Nike Running Camp.

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1-800-NIKE CAMP (1-800-645-3226) or USSportsCamps.com

A program for your age and skill level

NIKE Running Camps are designed to help youth runners develop athletically. The directors offer highly individualized training programs for runners whether they are at a beginning, recreational, or competitive level.

Beginning Runners:

An emphasis on fundamentals, injury prevention, goal setting, and running as part of a healthy lifestyle.

Recreational Runners:

An introduction to new training techniques to increase the overall physical benefits and enjoyment of running.

Competitive Runners:

Includes highly individualized coaching and the latest strategic techniques to help you achieve your personal best.

What's included?

Overnight Campers:

- Professional coaching and instruction, all meals, housing, and evening activities.

Extended Day Campers:

8:00 a.m. – 8:00 p.m. (start time on first day of camp varies by location)

- Professional coaching and instruction, lunch, dinner, and evening activities.
- *All campers receive a NIKE Running Camp T-shirt, a pair of NIKE Elite running shoes, and a NIKE Running Camp graduation certificate.*

Supervision and Safety

The well being of each camper is the primary concern of the directors and staff. 24-hour supervision is a feature of every youth NIKE Running Camp. Staff members reside in campers' quarters and participate in all evening activities. Drugs, alcohol and smoking are strictly forbidden and constitute, along with general misconduct, grounds for immediate dismissal from camp without refund.

COACHES WORKSHOPS

Become a better coach

NIKE Running Camps offer Coaches Workshops at select locations. These informative workshops run concurrently with NIKE Running Camps and provide on-site discussion and demonstration of the latest training theories and event techniques. Learn and work with other respected coaches from around the country. See the Camp Schedule to find where a Coaches Workshop can be found near you.

Sample daily schedule

(varies by location)*

Morning

7:00	Wake-up, shower
7:45	Breakfast (overnight campers only)
8:00	Extended day campers arrive Stretching and conditioning
10:15	Instructional stations

Afternoon

12:00	Lunch, rest
1:30	Lecture
3:00	Technique training
4:30	Free time

Evening

6:00	Dinner
7:30	Track & Field games Videotape analysis
8:00	Extended day campers depart
10:00	Overnight campers to rooms
10:30	Lights out!

*Times vary by location

Stanford University Cross Country "Camp of Champions"

STANFORD, CALIFORNIA

SCHEDULE & FEES

Camp Code: RNXRSU

Date: July 23 - 27

Overnight: \$775

Extended Day: \$675

• Extra nights: Not available.

• Ages 12 - 18

Other US Sports Camps at this location:

Track and Field, Tennis, Boys' Volleyball, Swim

The **NIKE Cross Country Camp at Stanford University** is called the "Camp of Champions" for good reason - Stanford enjoys international recognition for its ability to turn talented young athletes into world-class runners.

The Camp of Champions offers a rare opportunity to experience firsthand the life of a Stanford student athlete.

The beautiful Stanford campus and hills surrounding the University offer cross country runners miles of challenging and pristine trails. The campers are placed in small compatible groups with an experienced counselor.

Training and instructions are provided with topics covering a variety of subjects from college and elite distance running, motivation, nutrition, Stanford admissions and team bonding.

Edrick Floreal, The Franklin P. Johnson Director of Track & Field, would like to welcome all runners between the ages of 12 to 18 to the 2008 Stanford Cross Country Camp. As director of both the cross country and track & field programs, Floreal has coached champions at every level. A two-time Olympian, five-time NCAA champion, and eight time All-American, Floreal oversees one of the finest cross country and track programs in the nation.

Floreal is proud to offer the 2008 camp with Stanford's Assistant Men's and Women's Cross Country Coach **David Vidal** as the camp director. A former Stanford cross country and track standout, Vidal's knowledge of Stanford and his passion for the program makes this year's camp more exciting than ever.

Special speakers include Stanford's Head Men's and Women's Cross Country Coach, Peter Tegen. Tegen has been named National Coach of the Year four times and won three national cross country titles in his first three years at Stanford.

Since 1996, the men and women of Stanford have been on the podium at the NCAA Division I Cross Country National Championships 18 times, including eight national team championships. Campers meet and learn from Stanford's impressive coaching staff and counselors including current and former Stanford distance athletes.

New Team/Coach Offerings for the 2008 Stanford Cross Country Camp:

We offer a unique opportunity for a great team bonding experience complete with a coach's training workshop. Teams at camp are roomed together and are encouraged to bring their high school coach. Coaches become part of the camp staff and will have a special coaches session, helping transition the knowledge and team momentum gained at camp into a successful cross country season. **If you are a high school coach interested in working the Stanford XC Camp**, please contact us directly for an application. StanfordXCcamp08@gmail.com

Sauk Valley Sports Resort Cross Country Camp

BROOKLYN, MICHIGAN

SCHEDULE & FEES

Camp Code: RNXRSV

Date: July 13 - 17

Overnight: \$495

- Extra nights: Not available.
- Ages 12 - 18

Other US Sports Camps at this location:
Field Hockey

Set in the rolling Irish Hills of Michigan, the **NIKE Cross Country Camp at the Sauk Valley Sports Resort** is an ideal summer training location. Expert coaching under the direction of University of Michigan Head Cross Country Coach **Ron Warhurst** and a picturesque location provide a truly elite training environment for runners of all levels.

Athletes utilize miles of soft running trails right from camp and learn the latest in racing strategy, running psychology, injury prevention, and weight lifting. The training schedule is adjusted daily to fit specific needs and workout videotaping is analyzed to help correct and improve stride, form, and agility.

Campers eat in the dining hall overlooking the fields, trails and lake, and sleep in bunk style dormitory housing.

Camp Director Ron Warhurst

- University of Michigan head cross country coach, 34th season
- Most successful cross country coach in Michigan history
- Four time Big 10 Coach of the Year
- Great Lakes Regional Coach of the Year, 2007, 1998, 1997
- 2007 team tied for first place at the Great Lakes Regional
- Seven Big 10 championships, two regional championships
- Two Central Collegiate titles
- Coached 21 cross country NCAA All-Americans
- Coached Olympic medalist Brian Diemer



Five-Star Cross Country Camp

ROCK HILL, NEW YORK

SCHEDULE & FEES

Camp Code: RNXRFS

Date: August 10 -16

Overnight: \$650

- Extra nights: Not available.
- Ages 12 - 18

Five-Star Cross Country Camp is proud to announce our new location at the **Iroquois Springs Camp** in Rock Hill, NY. Iroquois Springs is less than five minutes from Exit 110 on Route 17, east of Monticello. We are close to New Jersey, Pennsylvania, and Connecticut and easily accessible to New York's Metropolitan airports

Camp is surrounded by miles of almost never traveled roads, complete with endless running trails. We have a small lake on campus, two swimming pools, two theaters, and an excellent gym. The modern cabins have knotty pine walls, ceiling fans, and hot showers. Each cabin sleeps eight to twelve runners along with counselors.

In addition to the runs, a full schedule of activities is planned for campers including breakout sessions and video tape analysis. Boston Marathon runner-up **Dick Beardsley** is expected to return, an unforgettable speaker!

Camp Director Steve Lurie

- Founder and director of Five-Star Cross Country Camp, 28th year
- Private coach of a National Footlocker/Nike Indoor 2-mile champion, a 4:09.2 HS miler, a Millrose High School mile winner, and an 8:52.6 HS steeple-chaser
- Won 38 major championships in the 1990's at Westwood (NJ) High School and has received many coaching honors
- Speaker at Arizona State High School Track Coaches Clinic
- Coached Division 1 NCAA indoor two-mile relay All-Americans at Adelphi University.
- 1999 NFICA New Jersey Boys Winter Track Coach of the Year

Five-Star Cross Country Camp

Website: www.5starxc.com



Roy Benson's Smoky Mountain Camp

UNIVERSITY OF NORTH CAROLINA AT ASHEVILLE

SCHEDULE & FEES

Camp Code: RNXRNC

Date: Session I: July 6 - 11

Session II: July 13 - 18

Session III: July 20 - 25

Overnight: \$615

Extended Day: \$515

• Extra Nights: Available only between sessions for an additional fee.

• Ages 14 - 18

Coaches Workshop: See page 14 for details.

Located at the **University of North Carolina - Asheville**, in the beautiful Smoky Mountains, the camp is one of the oldest in the country. Constantly seeking "artistic perfection," Coach Benson is dedicated to annually refining the camp activity schedule and curriculum. Strong emphasis on teaching, instructing, and coaching is our primary feature.

Our 36th annual **Smoky Mountain Running Camp** features Bob Braman, head track and XC coach at Florida State University, Alex Gibby, head XC coach at College of William and Mary, and John Mortimer, head track and XC coach from the University of Kentucky.

Recent past featured speakers have included Gordon Thompson, head women's XC coach at Clemson University and Steve Keith, head women's XC coach at Vanderbilt University. Also recently featured was Coach Marcus O'Sullivan, a three-time Irish Olympian and head track and XC coach at Villanova University.

One of our unique features of SMRC is our **Advanced Placement XC Class**. The additional instructional opportunity, within the regular camp curriculum, offers veteran campers and elite runners a separate hour each day with Coach Benson for college level instruction on the Art & Science of successful distance running.

Stay-Over Session Option: Campers have the opportunity to double and triple their training with Coach Benson by attending more than one session with a weekend stay in between (\$60 fee). We suggest that campers bring \$50 to cover meals.

CAMP DIRECTORS

Director Roy Benson

- MPE, C.F.I., Exercise Scientist and Distance Running Coach
- Community XC & track coach for boys and girls at Marist School in Atlanta since '93 with 13 Georgia state 4A XC championships and 20 individual state track champions
- Coached military, club, university, and high school teams for over 40 years
- Senior writer for *Running Times* & contributing editor for *Running Journal* magazines reaching over 350,000 readers each month.
- Author of 'Precision Running' HR training booklet that has sold over 200,000 copies and been translated into seven languages. His two books on Effort Based training have sold over 8,000 copies.

Co-Director Alan Drosky

- Georgia Tech head coach of the men's and women's XC team; head coach of women's track and field; mentors the distance runners for the men's track team.
- Two-time All-American, five-time track All-ACC performer and Georgia Tech Athletic Hall of Fame inductee.
- Coached 65 All-Americans, 64 ACC championships, and 142 All-ACC accolades in his career at GT.

NIKE CROSS COUNTRY CAMPS

Brush Mountain Cross Country Camp

VIRGINIA TECH UNIVERSITY, VIRGINIA

SCHEDULE & FEES

Camp Code: RNXRVT

Date: July 27 - 31

Overnight: \$525

Extended Day: \$425

• Extra nights: Not available.

Other US Sports Camps at this location:

Girls' Volleyball

Visit Virginia Tech this summer, located in the heart of the New River Valley, and just 30 minutes southwest of Roanoke. Campers train on Tech's grass cross country course on campus and in the Jefferson National Forest, offering beautiful, scenic trail runs. The running is on soft surfaces (easy on the body) and offers diverse terrain, including excellent hill training.

Join the impressive staff consisting of our Tech coaching staff and top college runners. **Ben Thomas**, head cross country coach since 2001, has 11 years of collegiate coaching experience. During his six seasons at Tech, the Hokies have emerged as contenders not only in the ACC and the NCAA Southeast region but in the entire nation. Thomas is extremely familiar with the Hokie program, having competed in cross country and middle distance for Tech from 1988-1992.

Also on staff are **Camp Director Ann McGranahan**, Jennifer McGranahan and Stacey Vidt. Jennifer received her master's degree in exercise science from the University of West Florida. She ran for the University of Florida and was a Florida state champion for Pensacola High School.

Hokie Assistant Distance Coach Vidt, a Tech alumna, joined the cross country staff in 2005. Vidt ran for Tech's cross country and track and field teams from 1993-2003.

Speakers include college coaches, elite runners and a college athlete panel.

Campers stay on the picturesque Tech campus, in dorms, and eat in the dining hall, which has a national award winning dining program.

Camp Director Ann McGranahan

- Virginia Tech volunteer assistant cross country coach, three seasons
- Big East champion at Villanova University
- Member of 1998 NCAA championship cross country team
- Florida state champion for Pensacola High School



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NIKE TRACK & FIELD CAMPS

Stanford University Track & Field "Camp of Champions"

STANFORD, CALIFORNIA

SCHEDULE & FEES

Camp Code: RNXRST

Date: July 18 – 22

Overnight: \$775

Extended Day: \$675

• Extra nights: Not available.

• Events Offered: All Events

Other US Sports Camps at this location:

Cross Country, Boys' Volleyball, Swim, Tennis

The **NIKE Track and Field Camp at Stanford University** is called the "Camp of Champions" for good reason - Stanford enjoys international recognition for its ability to turn talented young athletes into world-class performers. The Camp of Champions offers athletes the rare opportunity to experience firsthand the life of a Stanford student-athlete.

Cobb Track and Angel Field has hosted the USA National Championships, USA Junior Nationals, and is home to the prestigious Stanford Invitational which continue to produce thousand of World, American, collegiate and high school record holders each year. During each training session, campers select an event of their choice along with an experienced coach, for specialized training and individual attention.

Edrick Floreal, The Franklin P. Johnson Director of Track & Field, would like to welcome all runners between the ages of 12 to 18 to the 2008 Stanford Track and Field Camp. As director of both the cross country and track & field programs, Floreal has coached champions at every level. A two-time Olympian, five-time NCAA champion, and eight time All-American, Floreal oversees one of the finest XC and track programs in the nation.

Floreal is proud to offer the 2008 camp with Stanford's Assistant Men's and Women's Track & Field Coach **Kris Mack** as camp director. Mack was an accomplished pole vaulter at Cal Poly SLO. He currently coaches the multi events, high jump and pole vault where numerous school record have fall every year.

Training and instructions are provided with topics covering a variety of subjects from college and elite track and field training such as motivation, nutrition, Stanford admissions and team bonding.

Special speakers include 1992 Olympic 100m Hurdle Silver Medalist LaVonna Martin-Floreal, U.S. Long Jump Champion Grace Upshaw, and Stanford Head XC Coach Peter Tegen.

Campers meet and learn from Stanford's impressive coaching staff and counselors including current and former Stanford distance athletes.

The challenging and intense program is designed for athletes with the desire and special aptitude to become more competitive. Campers can choose from all disciplines: throws, sprints, hurdles, middle distance and jumps.

Note: Pole vaulters should bring their own poles. Limited lengths and sizes are available.

New Team/Coach Offerings for the 2008 Stanford Track & Field Camp

Get better together! We encourage high school teams to attend as a group.

Teammates train and are roomed together, creating a great opportunity for a unique team bonding experience.

If you are a high school coach interested in working the Stanford Track & Field

Camp, please contact us directly for an application. StanfordTrackCamp@gmail.com

NIKE TRACK & FIELD CAMPS

University of Pennsylvania

PHILADELPHIA, PENNSYLVANIA

SCHEDULE & FEES

Camp Code: RNXRUP

Date: July 6 - 10

Overnight: \$705

Extended Day: \$605

• Extra Nights: Available for early arrivals and late departures for an additional fee.

• Events Offered: All but pole vault.

Train at the **University of Pennsylvania's** historically famed Franklin Field this summer and experience the site where some of the century's best collegiate and professional athletes have competed over the years. Directed by Penn Head Women's Cross Country and Track & Field Coach **Gwen Harris**, the NIKE Track & Field Camp at the University of Pennsylvania helps high school athletes learn the techniques, strategies, and skills they need to become champions. Camp emphasizes the fundamentals of running, jumping and throwing and teaches young athletes the skills necessary to excel at their chosen events. The superior coaching staff includes current and former athletes who have competed on the national level.

Camp Director Gwen Harris

- University of Pennsylvania head women's XC and track & field coach, sixth season
- Coached a Penn Relays champion, six Ivy League champions, 17 All-Americans, 12 NCAA East Regional qualifiers, eight Academic All-Ivy selection, and numerous All-Ivy and All-East runners
- 2002 Delaware African-American Hall of Fame inductee
- Former head track coach at James Madison University
- Former head coach of Caesar Rodney High (won four state championships and three conferences championships)



Get Your Camp Gear!



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NIKE Camp
merchandise

Visit our store

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NIKE TRACK & FIELD CAMPS

Loomis Chaffee School Track & Field Camp

WINDSOR, CONNECTICUT

SCHEDULE & FEES

Camp Code: RNXRLC

Date: June 29 – July 3

Overnight: \$625

Extended Day: \$525

Day: \$395

- Extra Nights: Available for early arrivals and late departures for an additional fee.

- Events Offered: All but pole vault.

Other US Sports Camps at this location: Boys' Golf

Loomis Chaffee School, located in historic Windsor, is just a two-hour drive from Boston and New York City and is one of the most prestigious and picturesque independent secondary schools in all of New England. NIKE track & field campers reside in the school dormitories and practice on the new and improved eight-lane campus track with steeple pit.

The experienced coaching staff lectures on topics including training, drills and technique, plyometrics, motivation and goal setting, nutrition, and much more. Video analysis is used to teach campers about proper form.

Middle School Day Camp (9:00 am – 5:00pm): A program available for younger athletes, ages, 10 – 13, that provides an introduction to all track and field events. Coaches instruct campers of all ability levels on the fundamentals of jumping, throwing, and running.

Camp Director Scott Purdy

- Ninth year as Loomis Chaffee head men's track & field coach
- Team has a 51-14 record over the past seven years, including three Founders League Championships
- Coached five New England champions in the boys' hurdles.
- Coached Loomis Chaffee boys' hurdlers to seven league championships, never finishing lower than second place.



1-800-NIKE CAMP (1-800-645-3226) or USSportsCamps.com

NIKE RUNNING COACHES WORKSHOPS

Roy Benson's Smoky Mountain Running Workshop

ASHEVILLE, NORTH CAROLINA

SCHEDULE & FEES

Camp Code: RNCRNC

Date: Session I: July 6 - 9

Session II: July 13 - 16

Session III: July 20 - 23

Overnight: \$300

- For coaches with teams attending the youth camp who wish to stay for additional days to complete the full week session, there is no additional cost.
- See page 11 for more information about Coach Benson.

A special learning opportunity for beginning coaches, and even veteran coaches looking for a more scientific approach, is offered. The Curriculum is based on Coach Benson's book, "The Secret Workouts, "Coachly Wisdom about Effort Based Training." The Coaches Workshop teaches the principles of monitored training and gives coaches the tools to individualize workouts by tying together pace, pulse, and perceived exertion. The workshop is offered at all three sessions of camp.

Stanford University "Camp of Champions"

STANFORD, CALIFORNIA

New Team/Coach Offerings for the 2008 Stanford Camp of Champions

Get better together! We encourage high school teams to attend as a group. Teammates train and are roomed together, creating a great opportunity for a unique team bonding experience.

If you are a high school coach interested in working the Stanford Cross Country or the Stanford Track & Field Camp, please contact us directly for an application. Our diverse staff of high school and collegiate coaches works hard to maximize individual attention and instruction. Be part of this talented group of coaches.

Stanford Cross Country contact: StanfordXCcamp08@gmail.com

Stanford Track and Field contact: StanfordTrackCamp@gmail.com



US Sports Camps
Operators of NIKE Sports Camps

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Nationwide

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Volleyball · Field Hockey
Swim · Basketball
Lacrosse · Softball ·
Baseball · Running
Ice Hockey · Football

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IT'S EASY TO ENROLL

NIKE Sports Camps offers a registration option just right for you.

- **Phone** 1-800-NIKE CAMP (1-800-645-3226)
- **Fax** 415-479-6061
- **Mail** 750 Lindaro Street, Ste. 220, San Rafael, CA 94901
- **Online** USSortsCamps.com

Registration

To speed the application process, apply online at USSportsCamps.com. It's quick and easy!

Or register by phone at 1-800-NIKE CAMP (1-800-645-3226) or fax (1-415-479-6061) or simply mail in an application.

You can register with a \$250 per session deposit, payable by Visa or Mastercard and receive an immediate confirmation by mail or email.

Final payments are due at US Sports by May 14th, payable by personal check or credit card.

We accept registrations right up to the start of camp where openings exist.

For registrations made after May 14th, full payment is due at the time of registration.

After you have registered, if you have to cancel for any reason, you will receive a credit for 100% of all camp fees paid (deposit or full payment).

This credit is good for 2008 and 2009 and is transferable to another family member for any Nike Running Camp.

We do offer Refund Protection, costing \$40 per session, payable when you register.

If you purchase Refund Protection, and cancel before June 1st, you will receive a refund of all monies paid (excluding the refund protection fee). If you cancel after June 1st, you will receive a 100% credit good for 2008 and 2009 and transferable to anyone for any Nike/US Sports Camp (15 different sports).

NIKE is the title sponsor of the camps and has no control over the operation of the camps or the acts or omissions of US Sports Camps.

APPLICATION

Name First _____ Last _____

Address _____

City _____ State _____ Zip _____

Date of Birth _____ Age _____ Sex _____

Telephone _____ Business: _____

E-mail Address _____

How did you hear about NIKE Running Camps? _____

Camp Location _____ #wks _____ Start date _____ Camp Code _____

Overnight Extended Day

Best Event: Sprints Distance Field Distance/Time _____

High School _____

Roommate Request (if applicable) _____

Payment Information _____

Person Paying _____

Address (if different) _____

Telephone (_____) _____ Fax (_____) _____

Method of Payment: VISA MasterCard Check

Deposit Full Payment

Please add \$40 for Refund Protection to my camp deposit

Please charge the remainder of my camp fee to my credit card on May 14th, 2008

Credit Card # _____

Expiration Date _____

By submitting this application to US Sports Camps, I affirm that I have read and agree to the US Sports cancellation policy and hereby accept the terms of enrollment described in this brochure. Furthermore, I agree to pay all camp fees and authorize US Sports Camps to charge my credit card (if applicable).

Signature _____

Make check payable and mail to:

NIKE Running Camps

750 Lindaro St., Suite 220, San Rafael, CA 94901

1-800-645-3226 • Fax: (415) 479-6061

USSportsCamps.com

US Sports Camps
750 Lindero Street, Ste. 220
San Rafael, CA 94901



2008 CAMPS NIKE RUNNING

